

# COFFEE & ESPRESSO BAR

# FRESH FRUIT SMOOTHIES

**Single Double**

**16oz \$3.50 | 24oz \$4.50**

- Espresso
- Cappuccino
- Latte
- Mocha
- Mocha Bianca
- Hot Chocolate
- Chai Latte
- Soy Chai
- Mexican Hot Chocolate
- Red Eye
- House Coffee
- Hot Tea
- Americano
- Caramel Frappe Blend
- Mocha Frappe Blend
- Thai Tea
- Ice Tea or Coffee



- \$2.25 \$2.75
- \$2.75 \$3.25
- \$2.95 \$3.50
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- \$2.95 \$3.50
- \$1.75 \$1.95
- \$1.75 \$1.95
- \$2.25 \$2.95
- \$3.95 \$4.50
- \$3.95 \$4.50
- \$2.95 \$3.95
- \$2.50 \$3.50

All Smoothies are blended with Banana, Juice, & Ice

## Fruit Blend

Pomegranate Juice, Strawberry, Mango, & Peach

## Hawaiian Blend

Pineapple, Coconut, Orange, & Frozen Yogurt

## Mango Tango

Strawberry, Orange Juice, Pineapple, & Mango

## Elixir of Health

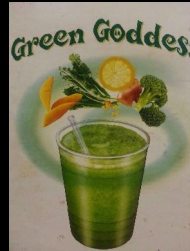
Orange Juice, Pineapple, Strawberry, Non-Fat Yogurt

## Green Goddess (Boost Your Energy)

Kale, Ginger, Spinach, Cucumber, Broccoli, Apple, Orange Juice, & Pineapple

## Berry Blend

Blueberry, Blackberry, Raspberry, and Strawberry



- |                                       |               |               |
|---------------------------------------|---------------|---------------|
|                                       | <b>Small</b>  | <b>Large</b>  |
| Fresh Squeezed Orange                 | <b>\$2.95</b> | <b>\$3.95</b> |
| Fresh Squeezed Lemonade               | <b>\$2.75</b> | <b>\$3.75</b> |
| Extra Frozen Yogurt or Protein Powder | <b>\$1.00</b> |               |

# SANDWICHES

**Choice of Bread: White, Wheat, Sour Slice, Sweet or Sour French Roll, Rye, Dutch Crunch, Focaccia**

**Choice of Meat: Turkey, Ham, Salami, Pastrami, Roast Beef, Tuna, Egg or Chicken Salad, Pepper Turkey**

**Served with: One Meat, Mayo, Mustard, Lettuce, Tomato, Onion, Pickles & Sprouts**

**\$6.95**



**1. Gourmet Club Sandwich: Fresh Turkey, Ham, Crispy bacon & Cheese**

**\$7.95**

**2. Fresh Roast Turkey or Chicken Breast Deluxe**

**\$7.95**

**3. Hot Pastrami Deluxe w/Cheese**

**\$7.95**

**4. Tuna Melt: Tuna topped w/Cheese, Mayo, Mustard**

**\$6.95**

**5. B.L.T.: Crispy Bacon, Mayo, Lettuce & Tomato**

**\$6.95**

**6. The Giant Combo: Turkey, Ham, Roast Beef, & Choice of Cheese**

**\$7.95**

**7. The Smokin': Hot Turkey, Bacon, Cheddar Cheese, Avocado**

**\$7.95**

**8. The Farmers: Veggies, Avocado, Cucumber, & Choice of Cheese**

**\$6.95**

**9. Ultimate Ruben: Pastrami, sauerkraut, Swiss Cheese, Thousand Island or Dijon Mustard**

**\$7.95**

**10. 475 Special Sandwich: Marinated Garlic Chicken, Pesto Sauce topped with Cheese**

**\$7.95**



**Additional Meat**

**\$1.50**

**Additional Cheese or Avocado**

**\$1.00**

**Add Soup or Salad to your order**

**\$1.95**



# SUNRISE BREAKFAST

Choice of Bread:

Bagel, English Muffin, Croissant, Toast

Choice of:

Egg, Bacon, Ham, Turkey, Turkey sausage, Cheese

Breakfast Buffet Options: Eggs, Spinach, Grits, Bacon, Homestyle Potatoes, Hash Browns



One Item	\$2.95	Two Items	\$3.95
Three Items	\$4.95	Four Items	\$5.95



Breakfast Burrito:

Country Style Potatoes, Egg, Cheese

Meat Options: Ham, Bacon, or Turkey Sausage

Plain	\$1.25
w/ Butter	\$1.75
w/ Butter & Jam	\$1.95
w/ Peanut Butter & Jelly	\$2.50
w/ Cream Cheese	\$2.75
w/ Cream Cheese, Tomato, Cucumber	\$3.25
w/ Hummus, Tomato, Cucumber	\$3.25
w/ Smoked Salmon (Lox), Cream Cheese, Red Onion	\$6.95



\$4.95

# Omelette

\$6.95

(Served with choice of Hash browns, Country Potatoes, or Toast)

Build your own:

Choice of: Mushroom, Spinach, Tomato, Bell Pepper, Zucchini, Onion, Broccoli, Olive

Choice of Cheese

Greek: \$7.95  
Spinach, Tomato, Onion,  
Bell Pepper, Olives, Feta Cheese



Philly Cheesesteak: \$7.95  
Prime Rib, Bell Pepper, Onion,  
Mushroom, Swiss Cheese



Bacon Lover: \$7.95  
Bacon, Tomato, White Jack and  
Cheddar Cheese & more bacon



Extras:

Meat: Bacon, Ham, Chorizo, Turkey Sausage	\$1.50
Avocado	\$1.00

# LUNCH

## MEDITERRANEAN SPECIAL

### 1. Falafel

In Pita w/Hummus, Lettuce, Tomato



\$7.49

### 2. Roasted Eggplant

In pita w/Hummus, Lettuce, Tomato

\$7.49

### 3. Combo Pita

Roasted Eggplant & Falafel in Pita w/ Hummus, Tahini, Lettuce, Tomato

\$7.95

### 4. Shawarma in Pita

Lamb or Chicken Shawarma in Pita w/ Yogurt Sauce, Lettuce, & Tomato

\$8.95

### 5. Shawarma Platter

Lamb or Chicken Shawarma, Yellow Rice, Hummus, Greek Salad, Yogurt Sauce, Pita

\$9.95

### 6. Mediterranean Greek Platter

Falafel, Lentil Rice, Hummus, Tabbouleh, Greek Salad, Spinach Salad, Dolma, Pita

\$8.95

### 7. Mediterranean Chicken Platter

Tender Chicken, Lentil Rice, Hummus, Tabbouleh, Greek Salad, Spinach Salad, Dolma, Pita

\$9.95

## BUFFET- HOT ENTREES

\$8.95 - Items Changed Daily

- Choice of Two Entrees, One Side, and a Salad
- Brown Rice, Yellow Rice, or Salad
- Add \$1.00 more for Seafood



## HOMEMADE SOUPS

Soups Changed Daily:

Small  
Large

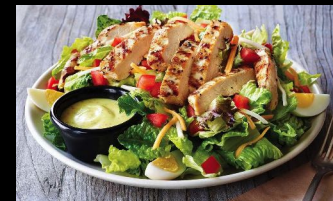
\$3.95  
\$4.95



## FRESH TOSSED SALAD

Pick Your Items, We Toss It For You!

	Small	Large
Without Meat	\$5.95	\$6.95
With Meat	\$6.95	\$7.95



# Milkshake

16 oz \$4.95 | 24 oz \$5.95

Oreo



Snickers



Caramel



Mocha



Vanilla



Twix



Avocado



Green Tea



Chocolate



Peanut Butter



Coffee



Mint Chocolate



Kit Kat



Almond Milk



Strawberry



Reese's

